

GLASGOW 2026 COMMONWEALTH GAMES
NOMINATION CRITERIA FOR WEIGHTLIFTING EVENTS

WEIGHTLIFTING NEW ZEALAND (WNZ)

1. Application of this Nomination Criteria

- 1.1 **Status:** This Nomination Criteria is issued by the Board of WNZ and shall take effect from 1st July 2025. This Nomination Criteria supersedes any previous correspondence, discussions and representations (whether written or oral) by WNZ regarding nomination and selection for the Games.
- 1.2 **Scope:** This Nomination Criteria applies to:
- (a) all Athletes wishing to be considered for nomination to the Games Team to compete in the Games in a Weightlifting Event; and
 - (b) WNZ, including its Selectors, that wish to nominate Athletes to NZOC to be considered for selection to the Games Team for the Games.
- 1.3 **Process:** Selection to the Games Team in a Weightlifting Event is a three step process:
- (a) each Athlete must be eligible in accordance with clause 3 of this Nomination Criteria;
 - (b) WNZ nominates Athletes to the NZOC in accordance with this Nomination Criteria and the NZOC Nomination and Selection Regulation; and
 - (c) the NZOC selects Athletes to the Games Team in accordance with the NZOC Selection Policy and the NZOC Nomination and Selection Regulation.

2. Selectors

- 2.1 **Composition:** The Selectors have been appointed by the WNZ Executive Group. The Selectors who will consider nomination of Athletes to NZOC to be considered for selection in the Games Team are:
- Sheryl Tan (Head Selector), Jason Fanning & Stephanie Cockerill*
- 2.2 **Change of Selectors:** The Board reserves the right to change a Selector at any time in its absolute discretion prior to the Nomination Date. In such case, it will publish the change of Selector on the WNZ website.

3. Eligibility

3.1 **Athlete Eligibility:** To be eligible to be nominated to the NZOC by WNZ, an Athlete must:

- (a) have returned a completed Athlete Application to the NZOC, in the form prescribed by the NZOC by the following dates (“Application Date”):
 - i. no later than 5.00pm, 23 June 2025, where an Athlete is not a regular member of WNZ, at this date; or
 - ii. no later than 5.00pm, 24 November 2025, where an athlete is a regular member of WNZ, at this date; and
 - iii. in exceptional circumstances before 5.00pm, 22 January 2026 (or such extended date as agreed by the NZOC Board) where WNZ provides the NZOC with evidence that demonstrates that Athlete could not have been reasonably in contemplation on 24 November 2025; and
- (b) have returned a completed Team Agreement in the manner prescribed by the NZOC to NZOC prior to the Nomination Date; and
- (c) be a member of WNZ or one of its affiliates; and
- (d) be a New Zealand citizen and has a New Zealand passport; and
- (e) be born on or before 31 December 2011; and
- (f) have demonstrated to the satisfaction of WNZ that they are not suffering any physical or psychological condition that would compromise the Athlete’s ability to compete at the Games to the selection standard set out in the NZOC Selection Policy or may compromise the health and safety of themselves, a NZ Team member or another participant at the Games; and
- (g) have acted in such a manner so as not to bring the Athlete, the sport, WNZ or the NZOC into public disrepute; and
- (h) not be under investigation for any breach of any part of the WNZ and International Federation’s anti-doping regulations, the Sports Anti-Doping Rules and/or the NZOC Integrity Regulation; and
- (i) no later than 23 July 2025 where the Athlete is not a regular member of WNZ or 22 January 2026 (or such extended date as agreed by the NZOC Board) has provided their name and contact address details to NZOC for the purpose of out of competition drug testing with Sport Integrity Commission.

- 3.2 **Qualification:** New Zealand must qualify for places in a Weightlifting Event in accordance with the Glasgow 2026 Games Manual, CGF Athlete Allocation System and/or International Federation requirements for the Games. Qualification for a place in any Weightlifting Event by an Athlete does not guarantee that Athlete will be nominated or selected to compete in the Weightlifting Event at the Games.
- 3.3 **Nomination if Nomination Criteria Met:** Provided the requirements set out in clauses 3.1 and 3.2 are met, the Selectors shall nominate to NZOC for consideration of selection, those Athletes it considers meet the Nomination Criteria set out below.
- 3.4 **Reserve Athletes:** The Selectors may nominate Reserve Athletes to the NZOC for any Individual Event.

4. Nomination Criteria

- 4.1 **Nomination Criteria:** In considering any Athlete for nomination to the NZOC, the Selectors shall consider:
- (a) the Over-riding Nomination Criteria specified in clause 5.1; or
 - (b) the evidential requirements in clause 5.2; and
 - (c) the Specific Nomination Factors specified in clause 5.3; and
 - (d) any Ranking specified in clause 5.4; and
 - (e) any Extenuating Circumstances in accordance with clause 6.
- 4.2 **Relevance and Weighting:** The Selectors may determine the relevance and weight that they wish to place on any Specific Nomination Factor(s) and any Extenuating Circumstances(s) as they consider appropriate. No Specific Nomination Factor shall be weighted more or less significantly based on the order in which it appears in this Nomination Criteria unless expressly specified.
- 4.3 **Own Enquiries:** In considering the Specific Nomination Factors, the Selectors may make such enquiries of the Athlete, or other persons, as they see fit.
- 4.4 **Conditions:** In considering any results and performances of an Athlete at any Key Event, the Selectors may, but are not obliged, to take into account the conditions in which the results and performances were obtained such as, but not limited to, the strength of the field of competitors.

- 4.5 **Extenuating Circumstances:** In any decision regarding the nomination of Athletes to the Games Team, the Selectors may, in their sole discretion, take into account any Extenuating Circumstances in accordance with clause 6 below.

5. Over-riding Nomination Criteria and Specific Nomination Factors

- 5.1 **Over-riding Nomination Criteria:** In determining whether or not to nominate an Athlete to a Weightlifting Event, the Selectors must be satisfied overall that the Athlete:
- (a) is or are capable of achieving a top 6 placing at the Games in the Weightlifting Event; and
 - (b) has a track record of sufficient quality and depth that the NZOC believes demonstrates that the Nominated Athlete will be competitive at the Games and will perform creditably in that Weightlifting Event.

5.2 Evidence

In determining whether or not the Athlete satisfies the Over-riding Nomination Criteria for Weightlifting Events in clause 5.1, the Selectors shall have regard to the results and performances in the Weightlifting Event at the following Key Events during the Qualification Period:

- 2025 Oceania Senior Championships – 1st – 5th July, Palau
- 2025 Commonwealth Senior/Junior/Youth Championships – 24th – 30th August, Ahmedabad, India
- 2025 IWF Senior World Championships – 2nd – 11th October, Forde, Norway
- 2026 Oceania Senior/Junior/Youth Championships – 10th 12th April, Samoa

Note: The Athlete must have competed in at least two (2) Key Events at Senior level within the Qualification Period. In at least one (1) of these two (2) Key Events at Senior level, an Athlete must have competed within the Weightlifting Event (bodyweight category) in which they are looking to be nominated for at the Games.

- 5.3 **Specific Nomination Factors:** When considering the Over-riding Nomination Criteria above, the Selectors may also take into account any one or more of the following factors about an Athlete within the Qualification Period:

- (a) any other performances or results in competitions / events in addition to the Key Events;
- (b) adequate fitness and a commitment to maintain a fitness and training programme as agreed with the applicable coach(es);

- (c) demonstrated good behaviour, including a commitment to training and attendance at training camps;
- (d) demonstrated compatibility with others in a team environment;
- (e) demonstrated compliance with the rules of events and competitions;
- (f) understanding and respect for the obligations that accompany being a member of a New Zealand team when competing at the Games, including respect for Games Team members;
- (g) willingness to promote WNZ in a positive manner;
- (h) demonstrated ability to take personal responsibility for self and their results; and
- (i) proven ability to be reliable.

6. Extenuating Circumstances

- 6.1 **Extenuating Circumstances:** In considering the nomination of Athletes in accordance with this Nomination Criteria, the Selectors may, in their sole discretion, give weight to any Extenuating Circumstances which may include, but are not limited to, the following:
- (a) injury or illness;
 - (b) travel delays;
 - (c) equipment failure;
 - (d) bereavement or personal misfortune; and/or
 - (e) any other factors reasonably considered by the Selectors to constitute extenuating circumstances.
- 6.2 **Athlete to Advise:** Athletes unable to compete at Key Events or other attendances required under this Nomination Criteria, must advise the President of the Extenuating Circumstances and reasons, in writing, with as much advance notice as possible and ideally seven (7) days prior to the commencement of the Key Event or other attendance. If the President is not notified of any Extenuating Circumstances in accordance with this Nomination Criteria, then the Selectors have no obligation to rely on such circumstances.

- 6.3 **Medical Certificate:** In the case of injury or illness, Athletes may be required by the President to provide a medical certificate and/or to undergo an examination by a health practitioner/s nominated by the President, and to provide that opinion and/or report to the Selectors. Any failure to agree to such a request may result in the Selectors being unable to consider the injury or illness as an Extenuating Circumstance.
- 6.4 **Case by Case:** In the case of any Extenuating Circumstance/s, the Selectors will make a decision on a case-by-case basis.

7. Nomination and Selection

- 7.1 **Nomination to NZOC:** WNZ will nominate Athletes (“Nominated Athletes”) and any Reserve Athletes to the NZOC by the Nomination Date.
- 7.2 **Nomination with Conditions:** WNZ may nominate an Athlete with any conditions, for example, conditions relating to recovery from injury or continuing to meet specified performance levels. If the conditions are not met to the satisfaction of the Selectors, they will not be eligible for selection, unless the NZOC decides to select the Nominated Athlete subject to those or other conditions.
- 7.3 **Selection by NZOC:** Selection to the Games Team by the NZOC will be made in accordance with the NZOC Nomination and Selection Regulation.

8. Appeal Procedure

- 8.1 **Non-Nomination Appeals:** An Athlete may appeal to WNZ against their non-nomination to the NZOC by the WNZ provided that the Athlete:
- (a) is on the WNZ long list for the Games; and
 - (b) meets the eligibility criteria under clause 3 of this Nomination Criteria.
- 8.2 **Procedures for Non-Nomination Appeals:** Any appeal under clause 8.1 of this Criteria must be made in accordance with clause 13 of the NZOC Nomination and Selection Regulation.
- 8.3 **Procedures for Non-Selection Appeals:** If a Nominated Athlete is not selected by the NZOC, the Nominated Athlete may appeal the non-selection in accordance with clause 14 of the NZOC Nomination and Selection Regulation provided that the Nominated Athlete:
- (a) is on the WNZ long list for the Games; and

(b) meets the eligibility criteria under clause 3 of this Nomination Criteria.

9. Inconsistencies

- 9.1 **NZOC Nomination and Selection Regulation:** In the event there is any inconsistency between this Nomination Criteria and the NZOC Nomination and Selection Regulation, the NZOC Nomination and Selection Regulation shall prevail.
- 9.2 **Commonwealth Sport Athlete Allocation System:** If this Nomination Criteria imposes a higher qualification standard or a lesser number of participants than stated by a Commonwealth Sport Athlete Allocation System, this shall not be regarded as an inconsistency.

10. Amendments to this Nomination Criteria

- 10.1 **Prior to Nomination Date:** This Nomination Criteria may be amended or supplemented from time to time by the Board, before the Nomination Date, provided NZOC has approved the amendment/s and supplement/s.
- 10.2 **Notice:** The Board will give as much notice as possible of any amendment/s or supplement/s made under clause 10.1 to this Nomination Criteria, to persons it considers may be affected by any such amendment/s or supplement/s.

11. Definitions

- 11.1 **Application Date** means the dates set out in clause 3.1(a) of this Criteria, by which Athletes must submit to NZOC a completed Athlete Application in accordance with clause 8.3 of the NZOC Nomination and Selection Regulation.
- 11.2 **Athlete** means a person who wishes to be considered for nomination to the Games Team.
- 11.3 **Athlete Application** means the form set by the NZOC that must be completed by any Athlete applying to be nominated and selected to the Games Team.
- 11.4 **Commonwealth Sport** means Commonwealth Games Federation.
- 11.5 **Constitution** means the Constitution of WNZ.
- 11.6 **Executive Group** means the Executive Board of WNZ as constituted under the Constitution.

- 11.7 **Extenuating Circumstances** means the inability to perform at an optimum level arising from one or more of the reasons set out in clause 6.1.
- 11.8 **Games** means the Commonwealth Games to be held in Glasgow, Scotland from 23 July to 2 August 2026.
- 11.9 **Games Team** means the New Zealand Team at the Games selected in accordance with the NZOC Selection Policy for the Games.
- 11.10 **International Federation** means International Weightlifting Federation.
- 11.11 **Key Events** means an international competition listed in clause 5.2.
- 11.12 **Nominated Athlete** means an Athlete who has been nominated by WNZ to the NZOC for consideration of selection to the Games Team.
- 11.13 **Nomination Criteria** means the criteria made up of the Over-riding Nomination Criteria and the Specific Nomination Factors and is also referred to as “**this Criteria**”.
- 11.14 **Nomination Date** means on or before 22nd May 2026 (and includes any alternative date as agreed between NZOC and WNZ), by which WNZ must submit any Nominated Athletes to the NZOC.
- 11.15 **NZOC** means the New Zealand Olympic Committee Incorporated.
- 11.16 **NZOC Integrity Regulation** means the NZOC Integrity Regulation available at <http://www.olympic.org.nz/about-the-nzoc/governance-documents/>.
- 11.17 **NZOC Nomination and Selection Regulation** means the regulation of NZOC relation to the nomination and selection Process for all Olympic and Commonwealth games, including the Games, available at <http://www.olympic.org.nz/about-the-nzoc/governance-documents/>.
- 11.18 **NZOC Selection Policy** means the NZOC Selection Policy for the Games, available at [Glasgow 2026 Selection process | New Zealand Olympic Team](#).
- 11.19 **Over-riding Nomination Criteria** means the criteria set out in clause 5.1.
- 11.20 **Qualification Period** means the period between 1st June 2025 – 18th May 2026.
- 11.21 **President** means the President of WNZ and includes his / her nominee.
- 11.22 **Specific Nomination Factors** means the factors listed in clause 5.3 which the Selectors may take into account when applying the Over-riding Nomination Criteria.

- 11.23 **Selectors** means the selectors appointed by WNZ in accordance with clause 2 of this Nomination Criteria.
- 11.24 **Team Agreement** means the agreement that must be completed by any Athlete wishing to be considered for nomination and selection to the Games Team in accordance with clause 8.4 of the NZOC Nomination and Selection Regulation.
- 11.25 **Weightlifting Event** means the one of following events that an Athlete competes in at the Games:
- (a) **Women's Medal Events:** 48kg, 53kg, 58kg, 63kg, 69kg, 77kg, 86kg, +86kg
 - (b) **Men's Medal Events:** 60kg, 65kg, 71kg, 79kg, 88kg, 94kg, 110kg, +110kg
- 11.25 **WNZ** means Weightlifting New Zealand Incorporated.